

Healing the Father Wound

The father wound is a complex emotional injury that can have a variety of traumatic effects impacting a person's life. There is no quick fix but there is hope and the promise of God's desire to restore and bless. In John 10:10, Jesus said, "The thief comes only to steal, kill, and destroy; I have come that they may have life, and have it to the full".

Since I'm a minister of the Gospel and not a counselor I will share some spiritual insight that I believe can help you begin to take the steps toward experiencing the healing that can come from the originator of all healing, Jesus Christ.

There are two primary factors at work when it comes to a father wound. The first is that which we inherit. The Second is that which we have experienced personally. The Bible talks in the book of Genesis about the fall of the first man and woman into sin. Due to the impact of original sin, every human being born into this life starts out with a spiritual disconnect in their heart.

Essentially we are born wounded having inherited an orphan heart from our parents. That is why God the Father, sent Jesus Christ into the world to live perfectly; ultimately becoming the perfect sacrifice that would provide forgiveness for the sin of all mankind.

The death, burial, and resurrection of Jesus Christ provided full payment and made available the opportunity for every human being on this earth to spiritually reconnect with God, the Father.

The second factor, that which we experience personally, arises in our relationship with our parents. The father wound that comes from childhood experience with, or without our dad is essentially inspired by the first factor - original sin and the resulting disconnect from God. Wounded parents – wounded dads, wound others. Without a spiritual interruption it will continue to escalate with each generation.

Forgiveness is a vital key to reversing the negative impact of the father wound on your life, and to interrupting the escalation of it onto the next generation. In the next session we will be talking about forgiveness.

Because every person born is affected with original sin and no dad was perfect, essentially we all have a father wound. Some of us have worked through most of that. Others have not. The level of pain from the trauma experienced is not the same for everyone.

Many have experienced higher levels of traumatic abuse or neglect. Others have never known their dad, or their dad abandoned them as a child. The severity of each individual case requires the person desiring to recover, to pray and seek out sound counsel to begin the road of recovery.

A good place to begin your search for trained professional Christian counseling would be New Life Ministries. You can go to www.newlife.com and press the Get Help tab.

- When a person is wounded emotionally the enemy, Satan's emissaries feed on the wounds of the soul. What the enemy leaves behind are lies – lies about God, our self, and others. Healing can begin to come when we embrace the truth and determine to reject the lies.
- A hunger for the healing of your heart is an absolute requirement. It will never come to visit you haphazardly.
- Because of the effect of original sin, experiencing a relationship with Jesus Christ is the most important decision you will make to move toward experiencing healing of the heart.
- The Bible is the manual for healing. Read and meditate on healing verses in the word of God. There are a number of resources that you can use to find them. One place you can find healing passages is at www.oralroberts.com/teaching/healing-scriptures/
- Determine that the proliferation of the father wound ends with you. You can close the door on it being passed on from you by simply making new and better choices for yourself and your family.
- Know that a lifetime of hurt takes some time to recover from. If you are holding out for an instant fix you are going to be disappointed.
- Remember that God is on your side. That is the one thing you can count on. No one has proven it more. To surrender His Son for you personally was the greatest of all sacrifices. Treasure that and embrace the free gift of salvation that is provided through Jesus Christ.

Until next time,

God Bless!!!!

Edward (Doug) Hobelman – Senior Minister – OSU Inc.